



Basic Kit List

Be aware the kit list is only a guide and not a definitive list.

Please try to bring one bag of kit, with maybe one additional for sleeping bags – no bin bags please, they always rip when the scouts are carrying them.

If you are using a holdall type bag for kit then you will need a decent rucksack for walking and not a single strapped fashion bag.

	ESSENTIALS	
Tent Scouts/Explorers should be sharing tents fo no one man tents please	Personal Medicines	Sleeping Bag (Minimum 3 Season)
Insulated Sleeping Roll Mat	Nightwear	Torch or Head torch & Batteries
Plate, Bowl, cup, cutlery & tea towel	Personal Wash Kit (in a bag) & Towel	Strong boots or shoes No one will be allowed on the hills in unsuitable footwear
Long Trousers and a spare	2 Shirts –Tee or Long sleeved	2 Warm Sweater / Sweatshirts
Underwear and socks	Waterproof coat	Waterproof over trousers
Warm Hat	Gloves	Sun hat (hopeful)
25-30l Ruck sack (for hiking with)	Rucksack or Soft holdall – for kit	Waterbottle
Small personal First Aid Kit	Emergency Rations in sealed bag (eg 2 Mars bars)	Plastic Survival Bag (from outdoor shops)
Whistle		
	NO JEANS (Very cold when wet)	
	OPTIONALS	
Plastic bags for dirty & wet clothes and to keep clean clothes in.	Flask	Compass
Camera	Appropriate map	Trainers/other shoes to be worn on site

Scouts should pack their own kit but Parents should supervise it.

Don't panic if you haven't got all the equipment listed above, talk to one of your Leaders who will be able to give sensible advice or alternatives.

Don't take valuables.

Electronics - we aren't responsible for soggy electronics – that's up to you.

Dont pack your torch with batteries fitted (or at the bottom of your kit) as it could easily get accidentally turned on and you will arrive at the camp with flat batteries.

Spending money – There may be some opportunity for some retail therapy but only pocket money please.